

BAYNARD PARK

NEWSLETTER

July 15, 2021

News From Your Boards & Committees

"A Note From Your **Board President**"

Happy July

I hope everyone is enjoying the summer and the great weather lately.



Many of you are aware that we face a lot of safety challenges within our community. These challenges range from the entrance gates and guards to non-residents using the amenities and vandalism. In order to address these issues we have created a new Safety and Security Committee that will be made up of resident volunteers. Each of these members have an established background in safety and security and will bring a unique perspective to help us move forward. They will work closely with a board liaison and the rest of the board in general. We are excited about this new committee and will be posting updates as they get up to speed.

Please help us in thanking the following members:

Scott Mayfield Nicola Santacroce Rick Zylker

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Jim Rogers



Baynard Park Board of Directors May Meeting



Open Meeting July 15th, 2021 @7p.m. Pleasant Point Pavilion

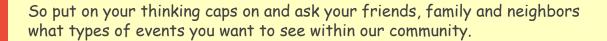
Check next months Newsletter for July Minutes or <u>www.baynardpark.org</u>

In hopes of growing the Social Committee and increasing event attendance, we are trying out some difference approaches.



We are asking everyone to please continue to visit the Baynard Park Facebook page and be on the lookout for a NEW EVENT poll and would love for you to share your thoughts and ideas for events that your household would be interested in attending. All ideas are welcome and encouraged.

One of the major changes to the committee is that we are NO LONGER asking for a yearly commitment, instead we will be asking for volunteers on a 'per event' basis.



Around Baynard Park



FOOD TRUCK FRIDAYS!!! (BP & PS)

See the entry sign board or newsletter for information each month. We will have two food trucks and one dessert or sweets truck scheduled for each of the food truck nights and

have reserved the pool pavilion for each night. Hoping for great turnouts!

7/23/21 Food Truck Friday - BP & PS

5-7:30 - Poolside Big Dog Tacos Time to Eat Rolling Cow Sunset Slush

7/30/21 Food Truck Friday - BP & PS

5-7:30 - Poolside Golden Sun FraAmichi Bluffdog Lowcountry Snowballs

8/13/21 Food Truck Friday - BP & PS

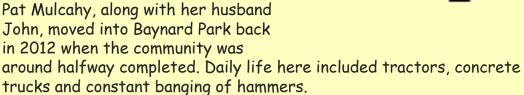
5-7:30 - Poolside Golden Sun Big Dog Tacos M&M Cafe Sunset Slush

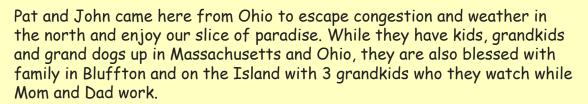
Pat Mulcahy

SPOTLIGHT

ON NEIGHBORHOOD VOLUNTEERS

This starts a series of articles in which we shine a light on many of the volunteers enhancing our community.





Shortly after arriving in Baynard Park, the position of Social Committee Chair needed to be filled, and as the old adage goes, *if you want* something done, ask a busy person to do it. Pat stepped up with her newly formed committee, and now 10 years later, almost every social activity you've enjoyed has been arranged by her.

While Pat's favorite event was summer cookouts at Pleasant Point Pavilion, others have included, Friday Night Food Truck, Cookout With Cops, Movies Under the Stars, Hargray Night, Thanksgiving Feast, Christmas Party to name a few. Most important to Pat were the yearly community food drives for donations to Bluffton Self Help. Pat and her committee have worked tirelessly to make a cluster of homes into a tight knit community.

Pat has always felt that volunteering her time was a win-win situation. Besides being afforded the chance to meet and become friends with many wonderful neighbors, she felt that the satisfaction and sense of accomplishment outweighed the effort.

Sadly, for the community Pat has chosen to step down after 10 years and is hoping that another "busy" member of the community will step up and enable this committee to continue their work.



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LANDSCAPE PROJECT UPDATE

We are happy to announce the landscaping project for all cul-de-sacs and circles has been completed. A huge thank you goes out to Mike Harmon and his men for completing this unexpected project in the midst of his busiest time of year. Plants were hard to come by this year, but Mike persevered and found what we were looking for. If you have a chance visit the updated areas and when you see Mike and his men give them a thank you.

WE HAVE MASTER GARDENERS!!!

July Helpful Gardening Tips



White vinegar is a gardener's best friend!

The desire to move away from toxic pesticide, fungicides, herbicides and artificial fertilizer is gaining popularity as health awareness is on the rise.

Growing your own food organically is the alternative, but the tricky pest problem remains, fortunately, vinegar is a great alternative to these artificial toxins.

Vinegar can simultaneously enhance the life of a plant and kill weeds.

Get rid of weeds:

Get rid of unwanted garden weeds by pouring apple cider vinegar onto weeds



Food for acidic loving plants:

Plants like gardenias, holly, azaleas, rhododendrons, hydrangeas and begonias grow beautifully in acidic soil. Sprayed them with a mixture of 1 gallon of water to 1 cup of white vinegar to help them grow.

Keep rabbits at bay:

If rabbits are ruining your garden you can soak cotton balls in distilled vinegar and place them in a 35 mm film container or something similar. Poke holes in the top the container and place it in your garden to keep the rabbits away.

Kill ants:

Sprayed ant hills with one part water and one part vinegar to kill them. Spray areas where ants are likely to invade to keep them away.

Wash your garden tools:

You can soak garden tools, like a rake or hoe, overnight in vinegar to get rid of rust and grime. Remember to rinse everything off with water afterwards.

Get rid of slugs and snails:

If slugs and snails are compromising your plant growth, sprayed them with some undiluted vinegar. This will make them wither and die.

Clean out your birdbath:

Mix some undiluted water with white vinegar and use it to scrub your birdbath. Make sure to rinse it off with water.

Keep Kitty away:

If your kitty is using your garden or your kid's sandbox as a toilet then you can pour some distilled vinegar into the sand or soil to keep them away.

Keep flowers fresh:

Help freshly cut flowers from your garden last by adding 2 tablespoons of vinegar and a teaspoon of sugar to a quart of water before adding your flowers.

The #1 Thing to Do with Leftover Coffee!

Those of you that have house plants and love coffee, you have something in common!

Do you ever have leftover coffee sitting in your coffee pot? I just learned that my leftover coffee was a valuable fertilizer for house plants such as your fiddle leaf fig's, spider plants, snake plants, pothos, philodendrons, monsteras, peace lilies and more!

You can use your leftover coffee when watering your house plants for extra nutrients. Leftover coffee can be used as an organic fertilizer for

your house plants, and it is highly recommended. Just dilute it and use it!

Watering your house plants with diluted leftover coffee will make them go from happy to absolutely thriving.

Never used coffee grounds for your house plants. Coffee contains small amounts of calcium and magnesium which are great for house plants it is an inexpensive natural fertilizer.

Always dilute your leftover coffee! Make sure it is at room temperature before you give it to your plants.



SOCIAL COMMITTEE ACTIVITIES

7/16/21 "Wing It " Night

Baynard Park Residents
Friday- 6:30 pm - Pool Pavilion
Wings and sauces provided
Please bring a salad or dessert to share
and your own drinks
MUST RSVP by text to
Pat Mulcahy 330-506-4222

8/7/21 "Back to School Bash"

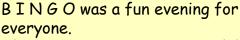
Baynard Park & Parkside
Saturday- Noon
Details to follow in emails to residents
(make sure ASM has your correct email address)

BINGO NIGHT

The Welcome Committee held their first community event and it was a hit!



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Always nice to meet new people! Although we only played 4 games, many stayed to socialize for a while afterwards.

This may be something the Welcome

Committee may do on a regular basis, so for those of you who missed it, keep an eye out for our next one!

Don't forget to check the website calendar section for any upcoming events!!
www.baynardpark.org

Liza, Teresa, Kristine



CONGRATULATIONS TO OUR GRADUATES

Whether you have graduated from kindergarten, middle school, high

school, trade school, or college, we congratulate you and wish you well. It has been a challenging year for everyone completing their level of education and we salute your perseverance. Best of luck in all your future endeavors!

KEEPING YOUR COOL IN THE SUMMER HEAT



Summertime heat can be deadly for those who live, work, or play in places without air conditioning. People who



work as roofers, landscapers, builders are always at risk for heat-related illness in weather like this. But do we think of the risk when playing golf, tennis, or tending to our gardens?

Our bodies regulate their temperature in extreme heat by sweating. The sweat evaporates, which cools the skin. This makes your heart rate rise as your body sends more blood to the skin to provide the energy for all that extra sweating. This can divert blood from other parts of the body, like the brain or gut. It also uses a lot of fluid, which is why it's important to drink enough. You lose water and salt. High humidity makes things worse, because sweat doesn't evaporate as quickly.

Dehydration is the primary problem with extreme heat. Symptoms progress from heat exhaustion to far more serious heat stroke. In the early stages, people sweat a lot and feel thirsty. Urine becomes darker in color. With heat exhaustion, people may feel tired, dizzy, and weak. Headaches and nausea are also common. We have to learn to listen to our bodies. The folks who get into trouble want to push through. In heat stroke, the body has lost its fight to keep its temperature down. People may stop sweating and develop fevers of 103 degrees and higher. This requires immediate emergency medical attention. It can cause organ damage and death. People can also become confused or pass out. If someone is vomiting and unable to drink, they likely need immediate help. Once in the ER, doctors try to bring temperature down fast by packing you in ice and give intravenous fluids. Once the patient's temperature has fallen to 102, the ice is removed. This usually takes about one hour. Elderly people are especially at risk because they tend not to feel thirst the way younger people do and their bodies aren't as good at regulating temperatures. People who take diuretics and blood pressure medicines need to be especially careful. Those with diabetes can also have blood sugar spikes if they become dehydrated... If you have to be in the heat, talk to your doctor about medication management.

People who feel weak and tired from the heat also run into trouble when they decide to take a nap instead of drink water.

If you catch your dehydration early, find a someplace cool, or at least shady, rest and drink lots of fluids. Water should be cool but not icy. Ice-cold drinks can cause cramping. If you're really hot, you can drink take a cold shower or bath.

Be safe, stay cool and enjoy your favorite activities this summer.

Neighborhood Reminders

IT'S ABOUT YOU!!

We would love to share and celebrate **YOUR** important events across the community. There are always a lot of good things going on related to birthdays, anniversaries, youth sports awards or even graduation events. We plan on starting a "community chatter" section featuring **YOUR** stories so please reach out to the Board at <u>board@baynardpark.org</u> if you have something for a future newsletter.

We are having great success with our new found committees, but need more volunteers. Have you been looking for a way to be more involved in the community? The Communications Committee is looking for interested residents to come onboard. Please reach out to the Board at board@baynardpark.org if this sounds like something you would like to hear more about.

Neighborhood Happenings

Board Meeting

Thursday, July 15th, 7p.m.- Pleasant Point Pavilion

Food Truck Friday

Friday, July 23rd, 5p.m. - 7 p.m. Poolside

Food Truck Friday

Friday, July 30th, 5p.m.- 7 p.m. Poolside

Food Truck Friday

Friday, August 13th, 5p.m.-7p.m., Poolside

Wing It Nite

Friday, July 16, 6p.m. Poolside Pavilion (BP residents RSVP Pat Mulchay)

Back to School Bash

Saturday, August 7th, 12p.m. (Information to Follow)

These updates, and additional items of interest, can be found on our website - www.baynardpark.org

Baynard Park Property Owners Association | Bainbridge Way, Bluffton, SC 29910

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